

Eighth Annual Unity Championship Swim Meet

July 20-22, 2012

Sanctioned by Maryland Swimming, Inc. Sanction # MD11/12-036

Hosted By:	The Baltimore City Swim Club		
Location:	<i>The UMBC Natatorium The University of Maryland - Baltimore County 1000 Hilltop Circle Baltimore, MD 21250</i>		
Schedule of Events:	Coaches Meeting		TBA
	Friday Evening July 20	Session 1 Open 400 IM 12 & Under 200 Back 12 & Under 200 Fly Open 800 Free	Warm-ups: 4:00 P.M. Session Starts: 5:00 P.M. • <u>Swimmers must provide his/her own timer and counter for the 400 and 800 freestyle events.</u>
	Sat. & Sun. July 21 and 22 Morning Sessions	Sessions 2 & 5 Open & 13-14	Warm-ups: 7:00 A.M. Session Starts: 8:00 A.M.
	Saturday July 21 Mid Morning Session	Session 3 Open 400 Free	Immediately following Session 2
	Sat. & Sun. July 21 and 22 Afternoon Sessions	Sessions 4 & 6 12 & Under	Warm-ups: 1:00 P.M. Session Starts: 2:00 P.M.
	The Meet Director reserves the right to limit entries based on the meet timeline as well as adjust the start times based on the number of entries received. Coaches will be notified of any change(s) to starting times.		
Facilities:	<ul style="list-style-type: none"> • UMBC has an outdoor eight-lane, 50-meter pool. The eight lane 25-yard indoor pool will be available for continuous warm up and cool down, during the meet, after regular warm up periods are over. The diving well is not to be used. Please inform your swimmers. • The facility has fully automatic timing, scoreboard, horn start, and non-turbulent lane dividers. • The minimum depth, measured in accordance with Article 103.2.3 is 6' and 6'1" at the start end and the turn end of the pool. • The competition course has not been certified in accordance with 104.2.2C(4). 		
Eligibility:	<ul style="list-style-type: none"> • This meet is open to all USA registered swimmers. The swimmer's age as of July 20, 2012 shall apply for the entire meet. Per Maryland Swimming rules, any club that enters an unregistered athlete will be fined \$100.00 per unregistered athlete. • NT/No Time entries will be accepted. There are no qualifying times for 200 and above events. However, swimmers must have a verifiable time. A coach's time is acceptable. 		
Safety Rules:	<ul style="list-style-type: none"> • Applicable USA Swimming Rules shall govern this competition. • Maryland Swimming rules shall also apply where appropriate. • USA Swimming/Maryland Swimming Safety Guidelines and warm-up procedures will be in effect for the entire meet. • Spectators will only be permitted in designated areas of the pool deck unless they are registered with USA as an athlete or as a non-athlete and are working at the meet. The only exception is for the timers and volunteers assisting with the conduct of the meet. <u>Coaches:</u> You will be permitted inside the roped off areas of the deck provided you do not interfere with those conducting the meet and you are wearing your coaching credentials. • Use of any device with the ability to capture audio or visual recording, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. 		

General Information:	<ul style="list-style-type: none"> • No skate shoes will be allowed in the Rec Center. Anyone wearing these shoes will be asked to remove them. Refusal will result in disbarment from the building. • ALL swimmers and spectators attending this meet are guests of the University of Maryland at Baltimore County and are required to adhere to the following: <ol style="list-style-type: none"> 1. Swimmers leaving the pool area are required to wear shirts, shorts or pants, and shoes at all times. 2. NO ONE is permitted on the basketball courts AT ANY TIME. 3. There is to be no use of the indoor track for seating, vendor sales or concessions.
Entries:	<ul style="list-style-type: none"> • Entries can be submitted by email, on computer disk using Hy-tek software with a hard copy, Team Manager print out, and contact number or on entry forms available from the Meet Entry Director. • Individual swimmers may swim a maximum of four (4) Individual Events, plus one relay per session. • All entries must be submitted with Long Course Times (converted times are acceptable). • Each Team <i>must</i> also submit a Team Manager Individual Entries Summary Report. • Checks for Entry Fees should be made payable to The Baltimore City Swim Club and mailed (No signature required) with disk (or Entry Forms) to: <p style="text-align: center;">Baltimore City Swim Club C/O Karen Coleman – Meet Entry Director 1529 Kennewick Road Baltimore, MD 21218</p> Email entries to: KarenC03@Comcast.net • Please note: Entries received without payment will not be accepted. E-mail entries will not be considered complete until the Meet Entry Director has received payment for those entries.
Fees:	<ul style="list-style-type: none"> • \$6.00 for each Individual Event • \$14.00 for each Relay Event • \$2.00 per swimmer surcharge for paper (manual) entries. • There will be no deck entries for this meet.
Entry Deadline:	<ul style="list-style-type: none"> • The Meet Entry Director must receive all entries no later than 5:00 p.m. on Tuesday, July 10, 2012. • Maryland LSC teams whose entries are received by July 6th will have first priority. • Please submit early to avoid being closed out.
Awards:	<ul style="list-style-type: none"> • Individual Events: 1st Medals, 2nd – 8th Ribbons • Relays: 1st - 3rd Ribbons <p>The awards for the 10 & Under category will be awarded separately for the 8 & Under and 9–10 age groups.</p> <p>High Point Awards: Plaques and special surprise awards to top individual female and male swimmers with the highest point totals in each age group.</p>
Results:	<ul style="list-style-type: none"> • Meet Results will be available for download or printing from the Maryland Swimming Website www.mdswim.org within 48 hours after the meet.
Programs:	<ul style="list-style-type: none"> • Programs will be made available at all sessions at a nominal cost.
Food/Apparel:	<ul style="list-style-type: none"> • A full range of food, drinks and swimming apparel will be on sale during all Saturday and Sunday sessions.
Meet Director:	<p style="text-align: center;">Brendan McElroy – Meet Director 1608 Hollins Street Baltimore, MD 21223 coachmcelroy@gmail.com 443-253-3615 (COACHES ONLY PLEASE)</p>

Safety Director:	<ul style="list-style-type: none"> Benjamin Griffin <p>USA Swimming/Maryland Swimming Warm-up and Safety Guidelines will be in effect for the entire meet.</p>
Inclement Weather:	UMBC procedures for thunder and lightning will be in effect. Should conditions delay a session for 1 hour, a meeting with coaches, the Meet Director and the Meet Referee will be conducted to determine the management of the remaining events of the session.
Meet Referee:	Linda Sue Lottes
Officials:	All USA Swimming certified officials willing to volunteer should contact Linda Sue Lottes at lottesblossom19@verizon.net
Directions:	<p>From the North:</p> <ul style="list-style-type: none"> Take the Baltimore Beltway (I-695 Outer Loop) West/South to Exit 12-C, Wilkens Avenue. At the traffic light, turn Left onto Wilkens Avenue. Turn Left again at the first traffic light onto Walker Avenue (~1 Mile). Turn Right at the Stop Sign onto Hilltop Circle. The UMBC pool is ~½ mile around the circle. Turn Left onto Administration Drive. The UMBC pool is on the right behind the UMBC Fieldhouse. To reach additional parking continue past Administration Drive, and turn left onto Library Drive, then right into additional lots.
	<p>From the South:</p> <ul style="list-style-type: none"> Take I-95 North to 195 West/166 Once on exit ramp, veer left towards Catonsville/UMBC From 195 West/166, entrance to campus is clearly marked on the right. Turn Right onto Hilltop Circle and then Left onto Administration Drive The pool is on the right behind the UMBC Fieldhouse. Parking Lot 10 is in front of the Fieldhouse.
Hotels	<p>Airport area hotels are about a ten-minute drive to the UMBC campus. Other hotels are about a 15-minute drive. A few hotels are located in areas where walking to restaurants or shopping is convenient.</p> <ul style="list-style-type: none"> Hampton Inn Arundel Mills – 12 minute freeway drive from campus. Free continental breakfast. 410-540-9225 Holiday Inn BWI Airport Conference Center - 410-859-8400 - www.hi-bwi.com BWI Airport Marriott Hotel – 410-859-8300 Fairfield Inn BWI by Marriott – 410-859-2333 Four Points by Sheraton BWI Airport – 410-859-3300 Hampton Inn @ BWI – 410-850-0600 Marriott Baltimore Waterfront - 410-385-3000 Baltimore Marriott Inner Harbor – 410-962-0202 Hilton Garden Inn – Columbia – 410-750-3700

FRIDAY, JULY 20, 2012

Session	Date	Events	Warm-ups Start	Events Start
1	Friday, July 20th	Open 12 & Under	4:00 P.M.	5:00 P.M.
Women	Qualifying Time	Event	Qualifying Time	Men
1	NT	Open 400 IM	NT	2
3	NT	12 & Under 200 Back	NT	4
5	NT	12 & Under 200 Fly	NT	6
7	NT	Open 800 Free	NT	8

SATURDAY, JULY 21, 2012

Session	Date	Events	Warm-ups Start	Events Start
2	Saturday, July 21st	13-14 & Open	7:00 A.M.	8:00 A.M.
Women	Qualifying Time	Event	Qualifying Time	Men
9	NT	Open 200 Free	NT	10
11	NT	13-14 200 Free	NT	12
13	NT	Open 200 Breast	NT	14
15	NT	13-14 200 Breast	NT	16
17	NT	Open 50 Breast	NT	18
19	NT	13-14 50 Breast	NT	20
21	NT	Open 100 Fly	NT	22
23	NT	13-14 100 Fly	NT	24
25	NT	Open 200 Back	NT	26
27	NT	13-14 200 Back	NT	28
29	NT	Open 50 Back	NT	30
31	NT	13-14 50 Back	NT	32
33	NT	Open 100 Free	NT	34
35	NT	13-14 100 Free	NT	36

SATURDAY, JULY 21, 2012

Session	Date	Events	Warm-ups Start	Events Start
3	Saturday, July 21st	Open		Immediately Following Session 2
Women	Qualifying Time	Event	Qualifying Time	Men
37	NT	Open 400 Free	NT	38

Session	Date	Events	Warm-ups Start	Events Start
4	Saturday, July 21st	10 & Under and 11-12	1:00 P.M.	2:00 P.M.
Women	Qualifying Time	Event	Qualifying Time	Men
39	NT	11-12 200 Free	NT	40
41	NT	10 & U 200 Free	NT	42
43	NT	12 & U 200 Breast	NT	44
45	NT	11-12 50 Breast	NT	46
47	NT	10 & U 50 Breast	NT	48
49	NT	11-12 100 Fly	NT	50
51	NT	10 & U 100 Fly	NT	52
53	NT	11-12 50 Back	NT	54
55	NT	10 & U 50 Back	NT	56
57	NT	11-12 100 Free	NT	58
59	NT	10 & U 100 Free	NT	60
61	NT	11-12 200 Free Relay	NT	62
63	NT	10 & U 200 Free Relay	NT	64

SUNDAY, JULY 22, 2012

Session	Date	Events	Warm-ups Start	Event Start
5	Sunday, July 22 nd	13-14 & Open	7:00 A.M.	8:00 A.M.
Women	Qualifying Time	Event	Qualifying Time	Men
65	NT	Open 200 IM	NT	66
67	NT	13-14 200 IM	NT	68
69	NT	Open 200 Fly	NT	70
71	NT	13-14 200 Fly	NT	72
73	NT	Open 50 Fly	NT	74
75	NT	13-14 50 Fly	NT	76
77	NT	Open 100 Back	NT	78
79	NT	13-14 100 Back	NT	80
81	NT	Open 100 Breast	NT	82
83	NT	13-14 100 Breast	NT	84
85	NT	Open 50 Free	NT	86
87	NT	13-14 50 Free	NT	88

Session	Date	Events	Warm-ups Start	Event Start
6	Sunday, July 22 nd	10 & Under and 11-12	1:00 P.M.	2:00 P.M.
Women	Qualifying Time	Event	Qualifying Time	Men
89	NT	11-12 200 IM		90
91	NT	10 & U 200 IM		92
93	NT	11-12 50 Fly		94
95	NT	10 & U 50 Fly		96
97	NT	11-12 100 Back		98
99	NT	10 & U 100 Back		100
101	NT	11-12 100 Breast		102
103	NT	10 & U 100 Breast		104
105	NT	11-12 50 Free		106
107	NT	10 & U 50 Free		108
109	NT	11-12 200 Medley Relay		110
111	NT	10 & U 200 Medley Relay		112

Team Information

Today's Date:

Team Name:			
Team Abbreviation:		LSC Code:	
Head Coach:			
Deck Coach:			
Additional Coaches/Managers:			
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Mail All Correspondence to					
Name:					
Street:					
City:		State:		Zip:	
Telephone		E-Mail:			

Relay Entry Sheet

		Today's Date:	
Team Name:		Team Abbreviation:	

Relay Desc (A, B, etc.)		Age Group:	
Event #:		Relay Type: (circle one)	Medley Free
Entry Time (LCM only):			
	Last Name	First Name	
Swimmer 1			
Swimmer 2			
Swimmer 3			
Swimmer 4			

Relay Desc (A, B, etc.)		Age Group:	
Event #:		Relay Type: (circle one)	Medley Free
Entry Time (LCM only):			
	Last Name	First Name	
Swimmer 1			
Swimmer 2			
Swimmer 3			
Swimmer 4			

Age Group	Total # of Swimmers	Total # of Individual Entries		Individual Entry Fee		Total Individual Entry Fees
10 & U Boys			X	\$6.00	=	
11-12 Boys			X	\$6.00	=	
13-14 Boys			X	\$6.00	=	
Open Boys			X	\$6.00	=	
10 & U Girls			X	\$6.00	=	
11-12 Girls			X	\$6.00	=	
13-14 Girls			X	\$6.00	=	
Open Girls			X	\$6.00	=	
				Subtotal	=	
Age Group	Total # of Relay Entries			Relay Entry Fee		Total Relay Entry Fees
10 & U Boys			X	\$14.00	=	
11-12 Boys			X	\$14.00	=	
13-14 Boys			X	\$14.00	=	
Open Boys			X	\$14.00	=	
10 & U Girls			X	\$14.00	=	
11-12 Girls			X	\$14.00	=	
13-14 Girls			X	\$14.00	=	
Open Girls			X	\$14.00	=	
				Subtotal	=	
Total Individual + Relay Entry Fees					=	

Club Name:			Club Abbreviation:	
Club Rep.			Phone:	
E-Mail Address:				
Address:				
Return this Team Summary Sheet, Individual & Relay Entry Sheets and a check for applicable fees, payable to The Baltimore City Swim Club , to Baltimore City Swim Club C/O Karen Coleman – Meet Entry Director 1529 Kennewick Road Baltimore, MD 21218				